

# Annual Club Championships 2010

Saturday 2<sup>nd</sup> October

Aireborough Swimming Pool, Guiseley

Warm up 6.00pm, racing 6.30pm – 8.30pm



All entries are grouped in the following age ranges; 8 & under (25m), 9/10yrs (50m), 11/12yrs (50m), 13/14yrs (50m), open (100m). Ages are as at 31<sup>st</sup> December 2010.

Entry fee is £1.50 per race, up to a maximum of £5.00, irrelevant of the number of races entered. Entry cut off date is Tuesday 14<sup>th</sup> September. No entries will be accepted after this date.

If unsure of your personal best time please seek guidance from your lane coach. Entry times will be used to best place the swimmer in the appropriate heat/lane for each event.

Entries to be submitted to Andy Mitchell, Jim Littlefair or Ruth Rhodes.

## Gala Rules

1. Age as at 31<sup>st</sup> December 2010.
2. All events are heat declared.
3. Late entries are not allowed.
4. The referee's decision is final.
5. Swimmers must not leave the poolside without informing the heat organiser to ensure they don't miss their race.
6. Swimmers missing their heat will only get a substitute swim if there are further heats of their event to be swum and there is a spare lane available.
7. Results will be posted on the clubs notice board at Eccleshill pool and on the club website.
8. Trophies and medals will be presented at the clubs annual presentation night at Fields Sport & Social Club, 7.30pm Friday 26<sup>th</sup> November

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## 2010 Club Championship Entry

Name .....

Sex (M/F) .....

Age (at 31<sup>st</sup> Dec) .....

Event	Tick	Time	Event	Tick	Time
Freestyle (age group)			Freestyle (open)		
Backstroke (age group)			Backstroke (open)		
Breaststroke (age group)			Breaststroke (open)		
Butterfly (age group)			Butterfly (open)		
100 I.M. (age group)			100 I.M. (open)		

Total number of events entered .....

Total entry fee (max £5.00) .....